

WAITAKERE CITY ATHLETIC SENIOR OPEN WOMEN CLUB BESTS (SUBJECT TO CHALLENGE!)

100m	Zoe Hobbs	10.96	2 July 2023, Switzerland
200m	Kim Robertson **	23.43	1982
400m	Portia Bing	52.78	22 Jan 2022, Hastings
800m	Helen Hawley	2.04.63	1987, Wellington
1500m	Helen Hawley **	4.29.75	25 March 1989, Auckland
3000m	Stella Hammond	10.20.88	16 March 2022, Auckland
5000m	Stella Hammond	18.03.32	23 March 2022, Auckland
10000m			
3000m SC	Florence Reynolds **	10.54.25	23 Jan 2012, Wellington
3000m Walk	Maggie Bradley	17.12.70	27 March 2009, Wellington
100m Hurdles	Vanessa Jack	13.75	5 March 1994, Hamilton
400m Hurdles	Portia Bing	55.44	5 May 2022, Hastings
Long Jump	Pam Hendren	6.30m	1982 Brisbane
High Jump	Elizabeth Lamb	1.90m	11 Feb 2012, Hamilton
Triple Jump	Jennifer Scott	11.92m	23 March 2013, Auckland
Pole Vault	Lillian Bing	3.31m	21 January 2023, Hastings Outdoor
Javelin	Andrea McBride	49.50m	27 Feb 2000, Sydney
Shot Put	Maddison-Lee Wesche	19.51m	26 August 2023, Budapest Hungary
Discus	Beatrice Faumuina **	62.20m	12 February 2007, Christchurch
Hammer	Suluama-Rose Vaea_Mulitalo	39.59m	16 January 2021, Auckland
Heptathlon	Carmel Corbett	5685 points	1995 Alabama, USA

** Faster times run/thrown further but were at other clubs.

All performances subject to others contending with better times, heights, distances.