

McKinnon Shield - Blue Draft Programme (Please check on Friday evening for a finalised timed programme)

2.00pm	Pole Vault - Group A1
2.05pm	Hammer - Men
2.10pm	Shot Put - Women
2.15pm	Triple Jump - Men
2.15pm	300m Hurdles (762)
2.30pm	400m Hurdles (762)
2.45pm	300m Hurdles (838)
3.00pm	400m Hurdles (914)
3.10pm	Presentation to Murray McKinnon
3.20pm	3000m Race Walk
4.00pm	60m Women
4.15pm	60m Men
4.30pm	Pole Vault - Group A2
4.35pm	Hammer - Women
4.35pm	1500m Women
4.40pm	Shot Put - Men
4.45pm	Triple Jump - Women
4.50pm	1500m Men
5.10pm	100m Women
5.25pm	100m Men
5.35pm	Weight Throw (Masters only)
5.40pm	3000m Women
5.55pm	3000m Men
6.10pm	Relay as per event grid

*Pole Vault A1 = start height 2.00m

**Pole vault A2 = start height 3.20m

1500m - Don MacFarquhar Series